

CURRENT APPROVED ALTERNATIVE IN-SERVICE TRAINING LIST

For Foster, Relative, and Adoptive Parents

December 2019

The Indiana Department of Child Services (DCS) requires *each person who is issued a license to operate a resource family home to successfully complete 15 hours of in-service training annually* following completion of their initial licensure. Eight hours of credit is the most that can be earned through alternative in-service training when 15 hours are required.

DCS requires each *licensee who has a therapeutic certificate to successfully complete 20 hours of in-service training annually*, which includes 10 hours of training as required in order to be licensed as a resource parent and 10 hours of additional therapeutic training to meet the child's specific needs. Eight hours of credit is the most that can be earned through alternative in-service training when 20 hours are required.

The following steps are to be taken when fulfilling the alternative training hour requirement:

1. Verify that the alternative training activities are on the Current Approved Alternative In-Service Training list;
2. Contact their licensing worker to request approval of any non-approved training activities; and
3. Complete and submit an Alternative Training Verification (SF52643/CW2110) form to be approved by the licensing worker after reading a book or viewing a tape/video. <http://www.in.gov/dcs/3332.htm>
4. The licensing worker will maintain documentation for alternative in-service training requirement exceptions in an individual file at the DCS local office or LCPA office.

In-service training is available to prospective resource parents, licensed resource parents, prospective adoptive parents, DCS merit staff, and respite care providers. *All alternative in-service training must be related to the roles of the resource parent(s) in working with families and children* and be approved by the RAPT and Provider Assistant Deputy Director. Training hours will not be given nor will they be accepted for Quality Assurance purposes if they are not on the Approved Alternative In-Service Training list.

Please note that state and local, laws, policies, and procedures take precedence over any information found within these materials or at the approved web sites listed.

For those who are already licensed foster parents; *new training hour requirement will be explained at the time of annual review and effective for the coming year*

1. Total hours = 15
 - a. At least 7 hours in person (face to face)
 - b. Up to 8 hours may be alternative (online trainings, books, videos)

BOOKS	AUTHOR	TOPIC	# OF PAGES	CREDIT HOURS
1-2-3 Magic: Effective Discipline for Children 2-12	Thomas W. Phelan	Techniques for discipline	224	3.75
10 Days to a Less Defiant Child: The Breakthrough Program for Overcoming Your Child's Difficult Behavior	Dr. Jeff Bernstein	Techniques for managing defiant behaviors	336	5.50
20 Things Adoptive Parents Need to Succeed.. Discover the Unique Need of Your Adopted Child	Sherrie Eldridge	Support for adoptive parents	320	5.25
A Brother's Journey: Surviving a Childhood of	Richard B. Pelzer	Surviving Child Abuse	272	4.5
A Chance in the World	Steve Pemberton	Foster Care: Growing up in foster care, system progress	272	4.5
A Child Called "It"	Dave J. Pelzer	Physical Abuse Separation and Attachment	184	3
A Guide to Gender: The Social Justice Advocate's Handbook (2 nd edition)	Sam Killermann	Gender identity and expression	313	5.25
A Man Named Dave: A Story of Triumph & Forgiveness	David J. Pelzer	Physical Abuse Substance Abuse Separation and Attachment	284	4.75
A New Kid by Friday	Dr. Kevin Leman	Strategies for changing child's behavior	289	5
A Piece of Cake	Cupcake Brown	Surviving Abuse,	500	8
All About Attention Deficit Disorder	Thomas W. Phelan, Ph.D.	Parenting – Attention Deficit	172	3
All About Attention Deficit Disorder: Symptoms, Diagnosis, and Treatment: Children and Adults	Thomas W. Phelan, Ph.D.	Parenting – Attention Deficit	248	4
Angry Kids, Frustrated Parents	Terry L. Hyland	Parenting	172	3
Another Forgotten Child	Cathy Glass	Foster Care	304	5
Are We There Yet?	Sue Badeau	Adopting, Pregnancy, & Addiction	416	7
Ask Supernanny: What Every Parent Wants to Know	Jo Frost	Parenting difficult children	224	3.75
Attaching in Adoption: Practical Tools for Today's Parents	Deborah D. Gray	Parenting/Attachment	392	6.5
Attachment-Focused Parenting: Effective Strategies to Care for Children	Daniel Hughes PhD	Effective Attachment Strategies	196	3.5

Awakening Children's Minds: How Parents and Teachers Can Make a Difference	Laura E. Burk	Parenting	320	5.25
Baby Richard: A Four Year Old Comes Home NOTE: See alternative hour guidelines	Dr. Karen Moriarty	Adoption	557	9.25 (8 credits)
Back on Track: Boys Dealing with Sexual Abuse	Leslie Bailey Wright	Sexual Abuse	126	2
Before You Were Mine: Discovering Your Adopted Child's Life story	Susan TeBos & Carissa Woodwyk	Post-adoption Lifebook creation	180	3
Beginning to Heal	Ellen Bass & Laura Davis	Adoption - Sexual Abuse	125	2
Being Adopted	Dr. Brodzinsky, Dr. Schechter & R. Henig	Adoption -Persons who are and will be adopting a child at any age	202	3.25
Better Than Good Hair: The Curly Girl Guide to Healthy, Gorgeous Natural Hair!	Nikki Walton & Ernessa T. Carter	African-American Hair Care	224	1.75
Beyond Consequences, Logic, and Control: A Loved Based Approach to Helping Children With Severe Behaviors	Heather Forbes, LCSW B. Bryan Post	Providing emotional safety for children with trauma histories	152	2.50
Black Baby White Hands: A View from the Crib	Jaiya John	Adoption	350	5.75
Boundaries with Kids	Henry Cloud John Townsend	Behavior Boundaries	224	3.75
Boy in the Basement	Susan Shaw	Psychological Healing	198	3
Boys Will Be Boys	Myriam Miedzian	Parenting	353	6
Breaking Night: A Memoir of Forgiveness, Survival, and My Journey from Homeless to Harvard	Liz Murray	Homelessness, addiction of parent, AIDS	304	5
Building the Bonds of Attachment: Awakening Love in Deeply Troubled Children	Daniel A. Hughes	Attachment in Children	272	4.5
Calming the Family Storm: Anger Management for Moms, Dads, and All the Kids	Gary D. McKay and Steven A. Maybell	Family Anger Management	320	5.25
Changing Children's Behavior by Changing the People, Places and Activities in Their Lives	Richard L. Munger	Behavior	250	4
Child Abuse and Culture: Working With Diverse Families	Lisa Aronson Fontes	Diversity- things to consider when working with people from various cultures	239	4
Child Lures: What Every Parent and Child Should Know About Preventing Sexual Abuse and	Kenneth Wooden	Parents preventing sexual abuse	100	1.5

Chocolate Hair Vanilla Care: A Parent's Guide to Beginning Natural Hair Styling	Rory Mullen	African-American Hair Care	104	1.75
Come Play with Me! Effective Parent-Child Play: Using structured playtime to interact with young	Dr. Kelli B. Ritter	Parenting	89	1.5
Complete Idiot's Guide to Adoption (The Complete Idiot's Guide)	Chris Adamec	Adoption	416	7
Counterfeit Son	Elaine Marie Alphin	Psychological freedom	192	3
Cry Silent Tears	Joe Peters	Child abuse	307	5
Dads of Disability: Stories for, by, and about fathers of children who experience disability (and the	Gary M. Dietz & Beth Gallob	Disabilities	248	4.25
Damaged Angels: An Adoptive Mother Discovers the Tragic Toll of Alcohol in Pregnancy	Bonnie Buxton	Fetal Alcohol Spectrum Disorder	331	5.50
Despair Turned Into Rage: Understanding and Helping Abused, Neglected, and Abandoned Youth	Paul Levin & Cynthia Park	General	108	1.75
Driven To Distraction	Dr. Hallowell & Dr. Ratey	Parenting	285	4.75
Ellen Foster	Kaye Gibbons	Foster Care	144	2.5
Families First: Your Step-by-Step Plan for Creating a Phenomenal Family	Dr. Phil McGraw	Family	304	5
Far From the Tree: Parents, Children and the Search for Identity	Andrew Solomon	Disabilities	976	16.5
Finding a Family	Mark Jean	Foster Care	88	1.5
Finding Fish	Antwone Q. Fisher & Mim E. Rivas	Abandonment & Physical Abuse	262	4.25
Five-Star Families: Moving from Good to Great	Carol Kuykendall	Parenting, family	214	3.50
Forever Mom: What to Expect When You're Adopting	Mary Ostyn	Adoption	256	4.5
From Victim to Victory: Prescriptions from a Child Abuse Survivor	Phil E. Quinn	Surviving Child Abuse	161	2.75
Ghost Girl	Torey Hayden	Physical/Sexual Abuse	416	7
Giving the Love That Heals	Harvel Hendricks & Helen Hunt	Parenting - Communication	357	6
Grand parenting With Love & Logic	Foster Cline & Jim Fay	Parenting	279	4.5

Growing Up in the Care of Strangers: The Experiences, Insights, and Recommendations of	Waln. K. Brown & John R. Seita	Foster Care: insight to growing up in foster care	192	3.25
Handbook of Attachment Interventions	Terry M. Levy	Working with Attachment Disorders	289	5
Having A New Kid By Friday: How to Change Your Child's Attitude, Behavior, and Character in 5 Days	Kevin Leman	Have a New Kid by Friday is guaranteed to work. All it takes is sticking to some simple strategies any parent can carry out.	304	5.25
Healthy Sleep Habits: Happy Child	Marc Weissblueth, M.D.	Parenting	175	3
Help Yourself for Teens: Real-Life Advice for Real- Life Challenges	Dave Pelzer	Parenting Teenagers	208	3.5
Helping the Child Who Doesn't Fit In	Stephen Nowicki and Marshall P. Duke	Children who are misunderstood	178	3
Helping Your Angry Child	Darlyne Gaynor Nemeth	Parenting	200	3.25
Hope's Boy: A Memoir	Andrew Bridge	Parenting – Foster Care	320	5.25
How to Do Homework Without Throwing Up	Trevor Romain and Elizabeth Verdick	Parenting - Homework	72	1.25
How To Talk So Kids Will Listen and Listen So Kids Will Talk	Adele Faber & Elaine Mazlish	Parenting – Communication	234	4
How to Talk to Children About Really Important Things	Charles E. Schaefer	Parenting	176	3
How Your Child Is Smart: A Life Changing Approach to Learning	Dawna Markova, Ph.D.	Parents Collaboration with Teachers	183	3
I Didn't Ask to Be in This Family	Abraham J. Twerksi, M.D.	Sibling Relationships	113	2
I Love You from the Edges: Lessons from Raising Grandchildren	Karen Best Wright	Grandparents raising kids	124	2
If Your Adolescent Has Depression or Bipolar Disorder: An Essential Resource for Parents	Dwight L. Evans and Linda Wasmer	Emotional Understanding	208	3.5
In Their Own Voices: Transracial Adoptees Tell Their Stories	Rita J. Simon and Rhonda M. Roorda	A collection of interviews with adult transracial adoptees written by a researcher and adoptee in collaboration.	406	7
Infant Massage	Vimala Schneider	Parenting – Development	223	3.75
Inside Foster Care: A Prison for Abused Children	Randy Rena Corlew	Foster Care	112	2

Is It “Just a Phase”?	Susan Anderson Swedo and Henrietta	Understanding Child Behaviors	368	6
Keys to Parenting Your Teenager	Don Fontenelle Ph.D.	Parenting Teenagers	228	4
Kids in the Syndrome Mix of ADHD, LD, Asperger's, Tourette's, Bipolar and More!: The One Stop Guide	Martin L. Kutscher, Robert R. Wolff, and	ADHD, LD, Asperger, Tourette’s, and Bipolar symptoms	224	4
Kids, Parents, and Power Struggles: Winning for a Lifetime	Mary Sheedy Kurcinka	Parenting	336	5.5
Last Child in the Woods: Saving Our Children From Nature- Deficit Disorder	Richard Louv	Exposure to nature being essential for child's growth	416	7
Life All Around Me (Sequel to Ellen Foster)	Kaye Gibbons	Post Adoption	218	3.75
Life For Me Ain’t Been No Crystal Stair	Susan Sheehan	Foster Care	192	3.25
Like Family: Growing up in Other People’s Houses: A Memoir	Paula McLain	Foster Care: insight to growing up in foster care	288	4.5
Little Girls Can Be Mean: Four Steps to Bully-proof Girls in the Early Grades	Michelle Anthony & Reyna Lindert	Helping your foster daughter respond to bullying	275	4.5
Love and Logic Magic for Early Childhood: Practical Parenting from Birth to Six Years	Jim Fay	Parenting	175	3
Loving Our Kids on Purpose	Danny Silk	Parenting	185	3
Loving Parents: Raising Hurt Children	Richard Sudsberry	Guide for raising children	150	2.5
Made in the U.S.A.: The Sex Trafficking of America's Children	Alisa Jordheim	Human Trafficking	251	4.25
Making Sense of Adoption: A Parent’s Guide	Lois Melina	Adoption – Parenting	219	3.5
Middle Childhood (Ages 7-12)	James Herz	Parenting the 7 – 12 year old	216	3.5
Monday Coffee and Other Stories of Mothering Children with Special Needs	Darolyn Lyn Jones & Liz Whieacre	Parenting- Children with special needs	274	4.75
No More Meltdowns: Positive Strategies for Managing and Preventing Out-of-Control Behavior	Jed Baker	Strategies for changing child’s behavior	150	2.5
No Such Thing as a Bad Kid	Charlie Appelstein	Understanding and responding to challenging child behaviors	465	7.75
No: Why Kids--of All Ages--Need to Hear It and Ways Parents Can Say It	David Walsh	Parenting	336	5.5

Nurture Shock: New Thinking About Children	Po Bronson & Ashley Merryman	Strategies for nurturing children	352	6
Nurturing Adoptions: Creating Resilience After Neglect and Trauma	Deborah D. Gray	Adoption	510	8
On Becoming Preteen Wise: Parenting Your Child from 8-12 Years	Gary Ezzo , Robert Bucknam	Parenting	240	4
On The Edge of the Unthinkable	Paula Ann Kyle	Memoir of a Foster Child	189	3.25
On Their Own: What Happens to Kids When They Age Out of the Foster Care System	Martha Shirk and Gary Stangler	Teens aging out of foster care	287	4.75
One Child	Torey L. Hayden	Understanding behaviors of children that are Abandoned/Abused and how to advocate for them	336	5.5
One Small Boat: The Story of a Little Girl, Lost Then Found	Kathy Harrison	Foster Parenting	224	3.75
Orphan Train	Christina Baker Kline	Foster Care	278	4.75
Orphans of the Living: Stories of Americas Children in Foster Care	Jennifer Toth	Foster Care	320	5.25
Our America: Life and Death on the South Side of Chicago	LeAlan Jones, Lloyd Newman and David	Growing up in poverty	201	3.25
Our Own: Adopting & Parenting the Older Child	Trish Maskew	Adoption	259	4.25
Out Of My Mind	Sharon M. Draper	Cerebal Palsy	320	5.5
Outgrowing the Pain: A Book For and About Adults Abused As Children	Eliana Gil	Physical and Sexual Abuse	84	1.5
Parenting from the Inside Out	Daniel Siegel and Mary Hartzell	Parenting	272	4.5
Parenting Is Your Highest Calling: And Eight Other Myths That Trap Us in Worry and Guilt	Leslie Leyland Fields	Parenting	240	4
Parenting Teens with Love & Logic	Foster Cline	Parenting teens	303	5
Parenting the Hurt Child: Helping Adoptive Families Heal and Grow	Gregory Keck	Parenting	295	5

Parenting the Strong-Willed Child: The Clinically Proven Five-Week Program for Parents of Two-to	Rex Forehand & Nicholas Long	Improving child's behavior	228	5
Parenting Through Crisis, Helping Kids in Time of Loss, Grief, and Change	Barbara Coloroso	Helping children through grief and loss	256	4.25
Parenting With Love And Logic	Foster W. Cline and Jim Fay	Parenting	271	4.5
Parenting Your Out of Control Teenager	Scott P. Sells, Ph.D.	Reestablishing Authorities, Teens	348	5.75
Parents, Teens, and Boundaries: How to Draw the Line	Jane Bluestein	Parenting	200	3.25
Pictures of Hollis Woods	Patricia Reilly Giff	Foster Care	176	3
Please Stop Laughing at Me: One Woman's Inspirational Story	Jodee Blanco	Bullying	276	4.5
Please Stop Laughing at Us	Jodee Blanco	Bullying	443	7
Positive Adoption: A Memoir	Kathleen Guire	Adoption	232	4
Positive Child Guidance	Darla Ferris Miller	Parenting	384	6.5
Positive Discipline A-Z: 1001 Solutions to Everyday Parenting Problems	Jane Nelsen Ed.D., Lynn Lott	Parenting	336	5.75
Positive Discipline For Teenagers	Jane Nelsen & Lynn Lott	Communication – Discipline	430	7
Positive Parenting With a Plan (Grades K- 12)	Matthew A. Johnson, Psy. D.	Family Rules, Discipline	173	3
Practical Tools for Foster Parents (Common Sense Parenting)	Lana Temple-Plotz	Parenting	309	5
Questions Adoptees Are Asking: ...about beginnings...about birth family...about	Sherrie Eldridge	Supporting the adopted child	288	4.5
Raising A Modern-Day Knight: A Father's Role in Guiding His Son to Authentic Manhood	Robert Lewis	Father Parenting	194	3.25
Raising A Moody Child: How to Cope with Depression and Bipolar Disorder	Mary A Fristad	Parenting	260	4.25
Raising Great Kids: Parenting with Grace and Truth	Dr. Henry Cloud	Parenting	231	3.75
Raising Our Children's Children	Deborah Doucette- Dudman	Parenting - Kinship	256	4.25
Raising Young Children Well: Insights and Ideas for Parents and Teachers	Sandra Radzanower et.al.	Parenting	224	3.75
Raising Your Spirited Child: A Guide for Parents Whose Child Is More Intense, Sensitive, Perceptive,	Mary Sheedy Kurcinka	Dealing with strong-willed children	496	8.5

Relatives Raising Children: An Overview of Kinship Care	Joseph Crumbley & Robert L. Little	Parenting	119	2
Siblings Without Rivalry, How to Help Your Children Live Together So You Can Live Too	Adele Faber & Elaine Mazlish	Parenting	219	3.75
Signing with a heavy hand and heart, Love Mommy: A journey through fetal alcohol syndrome	Sondra A. Torres & Miss Chanel E. Torres	Fetal alcohol syndrome	286	5
Solve Your Child's Sleep Problems	Richard Ferber	Parenting	464	7.75
Speaking of Boys: Answers to the Most Asked Questions About Raising Sons	Michael Thompson, Joanne Wyckoff	Answering your questions about raising a son	352	5.75
Spilled Milk: Based on a true story	K. L. Randis	Foster care	320	5.5
Street Child: A Memoir	Justin Reed Early	Violence and foster care	236	4
Surviving Childhood Sexual Abuse	Carolyn Ainscough, Kay Toon	Overcoming Sexual Abuse	281	4.75
Surviving Your Adolescents: How to Manage-and Let Go of-Your 13-18 Year Olds	Thomas W. Phelan	Coping with adolescents	176	3
Telling the Truth to Your Adopted or Foster Child: Making Sense of the Past	Jayne Schooler and Betsy Keefer	Adoption	256	4.25
Teen-Proofing	John Rosemond	Fostering Responsible Decisions in Your Teen	272	4.50
Ten Things – Every Child with Autism Wishes You	Ellen Notbohm	Autism	111	1.75
Thank God I'm Natural	Tia Donaldson debunks	African-American Hair Care	237	4
The 5Love Languages of Children	Gary Chapman & Ross Campbell	Communicating with your child	221	3.75
The A-Z of Therapeutic Parenting	Sarah Naish	Trauma informed parenting, behavior stabilization, connection	344	5.75
The ADHD Handbook: A Guide for Parents and Professionals on Attention Deficit/Hyperactivity	Alison Munden	Attention Disorders	164	2.75
The Bipolar Child: The Definitive and Reassuring Guide to Childhood's Most Misunderstood Disorder	Demitri Papolos Md (Author), Janice	Bipolar Child	496	8
The Body Keeps Score: Brain, Mind and Body in the Healing of Trauma	Dr. Bessel Van Der Kolk	PTSD, General Traumatic Stress	464	7.75

The Boy From the Basement	Susan Shaw	Psychological healing	208	3.5
The Boy Who Was Raised As a Dog: And Other Stories from a Child Psychiatrist's Notebook: What	Bruce D. Perry	Parenting	288	5
The Color of Water: A Black Man's Tribute to His White Mother	McBride James	Bi-racial heritage	165	2.75
The Complete IEP Guide: How to Advocate for Your Special Ed Child	Lawrence M. Siegel	Advocating for Special Ed Child	384	6.5
The Complete Kwanzaa: Celebrating Our Cultural Harvest	Dr. Winbush Riley	Cultural Diversity	400	6.5
The Connected Child	Kathryn Puvis PHD David Cross PHD,	Adoption/Attachment	234	5
The Crank Trilogy: Crank; Glass; Fallout	Ellen Hopkins	Drug Addiction of a parent	1952	32.5
The Day I Picked My Parents				
The Difficult Child	Stanley Turecki & Leslie Tonner	Parenting: discipline techniques, brain development	302	5
The Everything Parents' Guide to ADHD in Children	Carole Jacobs & Isadore Wendel	ADHD	304	5
The Everything Parents' Guide to Sensory Integration Disorder	Terri Mauro	Sensory Integration Disorder	298	5
The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated,	Ross W. Greene	Parenting	320	5.25
The Freedom Writer's Diary	Erin Gruwell	Reaching at risk kids	280	4.75
The Garbage Bag Kids	Virgina Jeffers	One family's 30 years' experience in being therapeutic foster parents	116	2
The Glass Castle	Jeanette Walls	Dysfunctional family	288	5
The Great Gilly Hopkins	Katherine Paterson	Foster Care	160	2.75
The Happiest Toddler on the Block: How to Eliminate Tantrums and Raise a Patient, Respectful,	Harvey Karp	Parenting	292	5.75
The Garbage Bag Kids	Virgina Jeffers	One family's 30 years' experience in being therapeutic foster parents	116	2
The Glass Castle	Jeanette Walls	Dysfunctional family	288	5

The Great Gilly Hopkins	Katherine Paterson	Foster Care	160	2.75
The Happiest Toddler on the Block: How to Eliminate Tantrums and Raise a Patient, Respectful,	Harvey Karp	Parenting	292	5.75
The Heart Knows Something Different	Edited by Al Desetta	Communication	211	3.5
The Hidden Child: Youth With Autism (Youth With Special Needs)	Sherry Bonnice	Autism	128	2
The Kid **VERY GRAPHIC**	Sapphire	Child Abuse	374	6
The Language of Flowers	Vanessa Diffenbaugh	Abandonment and Foster Care	334	5.75
The Limits of Hope: An Adoptive Mother's Story	Ann Kinble Loux	Adoption – Parenting	266	4.5
The Lost Boy: A Foster Child's Search for the Love of a Family	David J. Pelzer	Separate/Attach/Phys/Substance Abuse	340	5.5
The Martian Child: A Novel About A Single Father Adopting A Son	David Gerrold	Adoption/FAS	192	3.25
The Misunderstood Child: Understanding and Coping with Your Child's Learning Disabilities	Larry B. Silver M.D.	Parenting children with learning disabilities	432	7
The Mulberry Bird	Ann Brodzinsky	Adoption	48	0.75
The New Strong-willed Child: Birth Through Adolescence	Dr. James C. Dobson	Parenting	219	3.75
The Newborn Mother: Stages of Her Growth	Andrea Boroff Eagan	Parenting – Communication	208	3.5
The Oasis Guide to Asperger Syndrome Advice, Support, Insight, & Inspiration	Patricia Romanowski	Asperger Syndrome	486	8
The Open-Hearted Way to Open Adoption: Helping Your Child Grow Up Whole	Lori Holden	Adoption	228	4
The Orphan Trains: Placing Out in America	Marilyn Irvin Holt	Foster Care History	248	4
The Out-of-Sync Child: Recognizing and Coping with Sensory Processing Disorder	Carol Stock Kranowitz and Lucy Jane Miller	Sensory Integration	384	6.5
The Privilege of Youth: A Teenagers Story	David J. Pelzer	Courage and Triumph	240	4
The Rules of Survival	Nancy Werlin	Children with conflicting feeling towards abusive parents	259	4
The Safe Child Handbook: How to Protect Your Family and Cope with Anxiety in a Threat-Filled	John S Dacey and Lisa B Fiore	Parenting	224	3.75

The Secret Daughter: A Beautiful Novel of Adoption, Heartbreak, and a Mother's Love	Kelly Rimmer	Understanding the importance of adoptive/bio relationships and the pain caused by hiding the adoption into adulthood.	306	5.25
The Sensory Processing Disorder Answer Book	Tara Delaney, MS	Sensory Integration Disorder	205	3.50
The Sexual Abuse of Children and Adolescents	Hyde/Forsythe	Sexual Abuse	81	1.5
The Spirit Catches You and You Fall Down	Anne Faidman	Cultural, communication between foster family and biological family	200	3.25
The Spirit of Open Adoption	James L. Gritter	Adoption	306	5
The Transgender Teen: A Handbook for Parents and Professionals Supporting Transgender and Non-Binary Teens	Stephanie Brill and Lisa Kenney	A guide for parents raising transgender teens	338	5.75
The Unbreakable Child	Kim Michele Richardson	insight into the life of abuse, the strength to overcome it, the hurt of addictions, and the power of supports	240	4
The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind, Survive	Daniel J. Siegel M.D. & Tina Payne	Parenting	192	3.25
They Cage the Animals at Night	Jennings Michael Burch	Autobiographical Memoir: lack of stability & effects of that some children experience in the child welfare system	244	4
Three Little Words: A Memoir	Ashley Rhodes- Courter	Memories of being in foster care	320	5.25
To Love A Child	Marianne Takas & Edward Warner	Parenting – Adoption	203	3.25
To the End of June: The Intimate Life of American Foster Care	Cris Beam	Foster Care	336	5.75
Too Close to Me: The Middle-Aged Consequences of Revealing a Child Called "It"	Dave Pelzer	Child Abuse	256	4.5
Tough love	Phyllis Yourk, David Yourk, & Ted	Parenting – Communication	210	3.5
Trans-racial Adoption and Foster Care: Practice Issues for Professionals	Joseph Crumbley	Adoption and Foster Care	158	2.75

Try and Make Me!: Simple Strategies that turn off the Tantrums	Ray Levy	Parenting - Behavior	256	4.25
Twenty Life Transforming Choices Adoptees Need to Make	Sherrie Eldridge	Support for adopted child	240	4
Twenty Things Adopted Kids Wish Their Adoptive Parents Knew	Sherrie Eldridge	Support for adopted child	240	4
Understanding your Teen: Shaping their Character, Face their Realities	Jim Burns	Teens, shaping character, social media challenges, improving character	225	3.75
Untangled-Guiding Teenage Girls Through the Seven Transitions into Adulthood	Lisa Damour, Ph. D.	Teens, transition into adulthood	326	5.50
Walk a Mile in My Shoes	Judith A. B. Lee, D.S.W. and Daniell Nisiovocia, D.S.W.	About Biological Parents for Foster Parents and Social Workers	77	1.25
Walk to Beautiful: The Power of Love and a Homeless Kid Who Found the Way	Mr. Jimmy Wayne & Ken Abraham	Abandonment, Homelessness, and Foster Care	400	6.75
Wayne : An Abused Child's Story of Courage, Survival, and Hope	Leslie Alan Horvitz and Wayne Theodore	Abused Child's Story	224	3.75
Welcome to the Rollercoaster	D.D. Foster	Foster Care	238	4
What Am I Feeling?	John Gottman	Emotions - Behavior	48	0.75
What Every Baby Knows	Dr. T. Berry Brazelton	Parenting – Behavior	272	4.5
When Dad Hurts Mom: Helping Your Children Heal the Wounds of Witnessing Abuse	Lundy Bancroft	Understanding the Complex Dynamics of Domestic Violence	384	6.5
When Love Is Not Enough: A Guide to Parenting Children with RAD	Nancy L. Thomas	Reactive Attachment Disorder	148	2.5
White Oleander	Janet Fitch	Emotional & Physical Abuse	480	8
Why Does He Do That: Inside the Minds of Angry and Controlling Men	Lundy Bancroft	Domestic Violence; better understand what a child has seen/experienced, why the mother may choose to stick	432	7.25
Why Me?	Sarah Burleton	Abused child's story	107	1.75
Wounds of the Father: A True Story of Child Abuse, Betrayal, and Redemption	Elizabeth Garrison	Drug addiction, child abuse, domestic violence	364	6

MOVIES/DOCUMENTARIES	DIRECTOR/PRODUCER/ACTOR	TOPIC	LENGTH/ MINUTES	CREDITS
1-2-3 Magic: Managing Difficult Behavior in Children 2- 12	Thomas Phelan; Child Management (Firm); ParentMagic (Firm)	Managing difficult behaviors for children 2- 12	120	2
13 Reasons Why (Season 1) NOTE: See alternative hour guidelines	Joseph Incaprera	Thirteen (13) part Netflix series related to Adolescents, Suicide Prevention, Sexual Trauma	724 (all episodes)	12 (8 credits)
“Frontline: The Medicated Child”	PBS series	Children who are medicated for various mental health reasons	56	1
Aging Out (2004)		Aging out of foster care	85	1.50
All at Once (2016)	Jon Abrahams	Guardianship, trauma	152	2
All Rise: For the Good of the Children https://allriseforchildren.com/watch-the-film/	Olive Talley	Trauma-informed approach, court/child welfare system	75	1.25
A Place for Annie	John Gray	HIV, addiction of mother, reunification	99	1.75
America	Philip Johnson, Rosie O'Donnell	Foster care, parental substance abuse and effects of sexual abuse	97	1.5
Antwone Fisher	Denzel Washington	Growing up in foster care, aging out and reconnecting.	120	2
Beyond Acceptance (2011)	Larry Bowron; Leslie Naugle (director)	Pre-adoption struggles	125	2
Bick	Cindy Meehl	Child abuse	88	1.5

Black or White	Mike Binder	Race and custody	121	2
Blindside	Sandra Bullock	Cross-cultural families	120	2
Broken Places	Roger Weisberg	Childhood Adversity, Resilience	76	1.25
Buck	Documentary	Overcoming abuse, fostering	88	1.5
Camp	Jacob Roebuck	Based on true stories told by kids at summer camp	109	1.75
Choosing Mathias	Michael Feifer, Producer	Healing relationships after a loss	103	1.75
Closer to Home (2015)	Joan Montreuil	Foster Care	108	1.75
Closure: A Trans-racial Adoptee's Quest for her Birthmother	Bryan Tucker	Adoption & Reunification	77	1.5
December Boys	Daniel Radcliffe, Lee Cormie	Understanding the stress and fear children face when waiting for adoption	105	1.75
Ellen Foster	Hallmark	Foster child in search of a forever family	98	1.25
First Circle	Heather Rae	Foster Care	72	1.25
Gardens of the Night	Damian Harris	Abduction and abuse	110	2
Georgia Rule	Jane Fonda, Lindsay Lohan	Child sexual abuse and the effects on the child and family	113	1.75
Gimme Shelter	Ron Krauss	Pregnancy and abuse	101	1.75

Good Will Hunting	Gus Van Sant	Lessons of life dealing with law enforcement	126	2
Gracie's Choice	Anne Heche	Overcoming Abusive mother	91	1.5
Holiday Heart	Ving Rhames, Alfre Woodard	Drug Addiction of a parent	133	2
Hope For Healing	Mary M. McGowan/ATTach	Training on trauma and attachment	360	6
I Am Sam	Sean Penn	Parenting, Foster Care	134	2.25
Immediate Family	Jonathan Kaplan	Unable to conceive, looking to adopt	95	1.50
Instant Family	Mark Walberg	Foster parenting, adoption	118	2
In the Best Interest of the Children	Sarah Jessica Parker	What is best for the children	120	2
Jack of the Red Hearts	Anna Sophia Robb	Teenage runaway foster an autistic child	102	1.75
Losing Isaiah	Jessica Lange, Halle Berry	Attachment and bonding	106	1.75
Martian Child	John Cusack, Joan Cusack, Amanda Peet, and Bobby Coleman	Adoption	107	1.75
October Baby	Andrew Ervin & Jon Erwin	Learning that you are adopted	107	2
Off and Running	Documentary	Inter-racial adoption, identity, search for bio family	85	1.5
Ordinary Miracles	Jaclyn Smith/Corbin Bernsen; Hallmark	Judge becomes foster mother to teen	85	1.5

Overcomer	Justin Tolley	Family/bio parent connections	115	2
Pictures of Hollis Woods	Sissy Spacek	Living in Foster Care	98	1.75
Precious	Sapphire	Pregnancy, Rape, Abuse, AIDS	110	2
Problem Child	John Ritter	Attachment behaviors and bonding	81	1.25
Rescued		Adoption	62	1
ReMoved	Nathaniel Matanick	Foster Care	10	.25
Safe Harbor (2009)	Jerry Jameson	Foster parenting teens	89	1.5
Shattered Spirits	Martin Sheen	Effects of alcohol on a family as seen through the eyes of the children	93	1.5
Sherrybaby – (R rated) very graphic – not suited for children to view	Maggie Gyllenhaal, Brad William Henke	Making Changes/connections after Prison/birth parent struggles Rated R	96	1.5
Short Term 12	Destin Daniel Cretton	Foster Care	96	1.75
Taken Away	John Patterson	Single mother, court finds her unfit and takes her child	134	2.25
Temple Grandin	Mick Jackson	Autism	107	2
The Drop Box	Brian Ivie	Refuge to orphans	79	1.5
The Happiest Toddler on the Block: How to Eliminate	Harvey Karp	Parenting	69	1

Tantrums and Raise a Patient, Respectful, and Cooperative One- to Four-Year-Old				
The Hope-Filled Parent	Michael Trout	Meditations for foster and adoptive parents of children who have been harmed	55	1
The Lost and Found Family	Lucas Till	Rebellious teen, foster family transformed lives	90	1.50
The Orphan Train	PBS Documentary	History of Adoption	60	1
The Perks of Being a Wallflower	Logan Lerman, Emma Watson, Ezra Miller	LGBTQ youth, sexual abuse	102	1.5
The Ron Clark Story	Randa Haines	Dealing with disruptive students	90	1.5
The Unloved (2009)	Samantha Morton	Trauma, foster care	108	1.75
Trust	David Schwimmer	Online Dating	106	2
Unbelievable	Susannah Grant	Eight (8) part Netflix series about a foster care teen who is a victim of rape	385	6.5
White Oleander	Michelle Pfeiffer	Older Youth In Foster Care	110	1.75