

Ongoing Training Opportunities for Licensed Foster Parents

Please find below a brief outline of several opportunities to complete the required annual training, including: alternative training (often completed on your own schedule, at the library or at home); workshops (in-person trainings offered in a group setting), and individuals instruction (one-on-one training from an Adult and Child staff member). Additional information is provided in Section 10 of your Foster Parent Handbook.

For training credit, submit via:

email (speterson@adultandchild.org), fax (317-632-6149), or mail (603 E. Washington St., Ste. 900 46204).

ALTERNATIVE TRAINING (Up to 8 hours per year of Alternative Training is accepted):

1. Read a book

- Choose a book from the [approved list](#); OR
- Identify a book you think is relevant to foster parenting & send a synopsis of the book to Mark Davy for approval (NOTE: A good synopsis can usually be found on Amazon.com. Just copy and paste into an e-mail to Mark - mdavy@adultandchild.org)
- After reading the approved book, submit the completed [Alternative Training Verification form](#)

2. Watch a video

- Choose a video from the [approved list](#); OR
- Identify a video you think is relevant to foster parenting & send a synopsis of the video to Mark Davy for approval; (NOTE: A good synopsis can usually be found on Amazon.com. Just copy and paste into an e-mail to Mark - mdavy@adultandchild.org)
- After watching the approved video, submit the completed [Alternative Training Verification form](#)

3. Training through online resources:

- www.Fosterparents.com; www.Fosterparentcollege.com; www.Fosterparenttraining.com.
- The sites may charge a fee for training, or may require membership.
- You must print a certificate and submit to Susan Peterson for training credit.

4. Training While You Wait

- We have a selection of appropriate videos at our Washington Street office to be viewed while you are waiting for a child during an appointment. Please ask on the 9th floor for "Training While You Wait".
- You will select a video, view it and complete the Alternative Training Verification form or test, as appropriate, and submit to Susan Peterson.

WORKSHOPS:

1. Adult & Child Power Hours

- Complete up to 6 training hours in a single day and receive information on a variety of topics.
- Check the training schedule online for upcoming Power Hours dates/times
- Pre-registration is required.

2. Ongoing trainings, provided by Adult & Child

- Typically held monthly (or more often)
- Check for scheduled trainings on our [website](#)

3. Valle Vista Food For Thought Seminars

- Free monthly seminars on a wide range of topics
- Held at Valle Vista Hospital on Main Street in Greenwood
- Offered on the 3rd Thursday of each month in the morning or lunch time – you choose which to attend.
- Meal typically included. There are different speakers each month speaking on a variety of topics.
- Pre-registration is required by e-mailing sherrie.nicholson@uhsinc.com.
- You will need to obtain a certificate and submit it to Susan Peterson.

4. Indiana Youth Institute (IYI) Webinars

- Free training, provided online through webinars
- View upcoming trainings & register [online](#)
- You will need to print a certificate and submit it to Susan Peterson.

Links to Training Schedules & Forms:

Approved Alternative In-Service Training List:

[http://www.in.gov/dcs/files/Alternative_In-Service_Training_12-2012\(2\).pdf](http://www.in.gov/dcs/files/Alternative_In-Service_Training_12-2012(2).pdf)

Alternative Training

Verification:

<https://forms.in.gov/Download.aspx?=9603>

Adult and Child Center

Training Calendar:

<http://indyfostercare.org/current-foster-parents/training-for-licensing-foster-parents/>

Indiana Youth Institute

Webinars:

<http://iyi.org/trainings.aspx>

INDIVIDUAL INSTRUCTION:

- A provider working with your foster child in-home may qualify as individual instruction.
- Credit can be applied if a mental health or medical professional, or other professional associated with the child's case (ie: First Steps, Occupational Therapist, Mental Health Therapist, Skills Specialist), provides you with one-on-one education or instruction.
- This is considered classroom training and is calculated by actual time spent in session.
- To receive training credit, the foster parent must: Provide a written statement from the professional on letterhead (or prescription pad) indicating the date, length of time spent, topic covered and the reason for the training.